

I highly recommend Camp Timber Creek to any parent. Our daughter, Shira, went to Ira's camp for the first time two years ago. At this time, she was fifteen, incredibly overweight and suffering from low self-esteem. She didn't want to go to camp, but Ira and his great team of counselors made her comfortable right away. Even so, we were expecting her to call us at some point to request us to come and pick her up. Six weeks went by. We didn't hear a word- no phone calls, no letters. Rather than worry, we decided "no news was good news". During this time our minds were also put at ease because we were able to access photos of Shira involved in different recreational activities through an on-line service called "Bunk One". After about five weeks we received our first phone call from Shira. She phoned to ask us if she could stay longer at camp because she was having so much fun.

When we finally collected Shira from Camp Timber Creek, we hardly recognized her because she had lost a lot of weight. The other thing we immediately noticed was that she had gained a tremendous sense of self. In the weeks and months that followed she was able to build on her new found self-esteem, and with our help she has continued on her path of weight loss. At this point in time, Shira has lost about 60lbs.

Last year we sent Shira back to Camp Timber Creek- again she came back stronger (physically and mentally) and lighter (physically)!

Next year as a seventeen year old, Shira is returning to Camp Timber Creek as a junior counselor.

The camp has made a tremendous difference in our Shira's life. Ira and his staff helped her get a handle on her weight issues- and the different programs such as "Bunk Wrap" have helped her overcome the different problems she was having as an overweight teenager.

Please feel free to phone me or e-mail me if you have any further questions. I hope this e-mail has helped you with your decision making process.

Take care,

Alissa Steele
Steele Magnolia Designs
steelemagnolia.com
828.628.3461 phone
828.628.3462 fax